

FRUIT AND VEGETABLE CROSSWORD



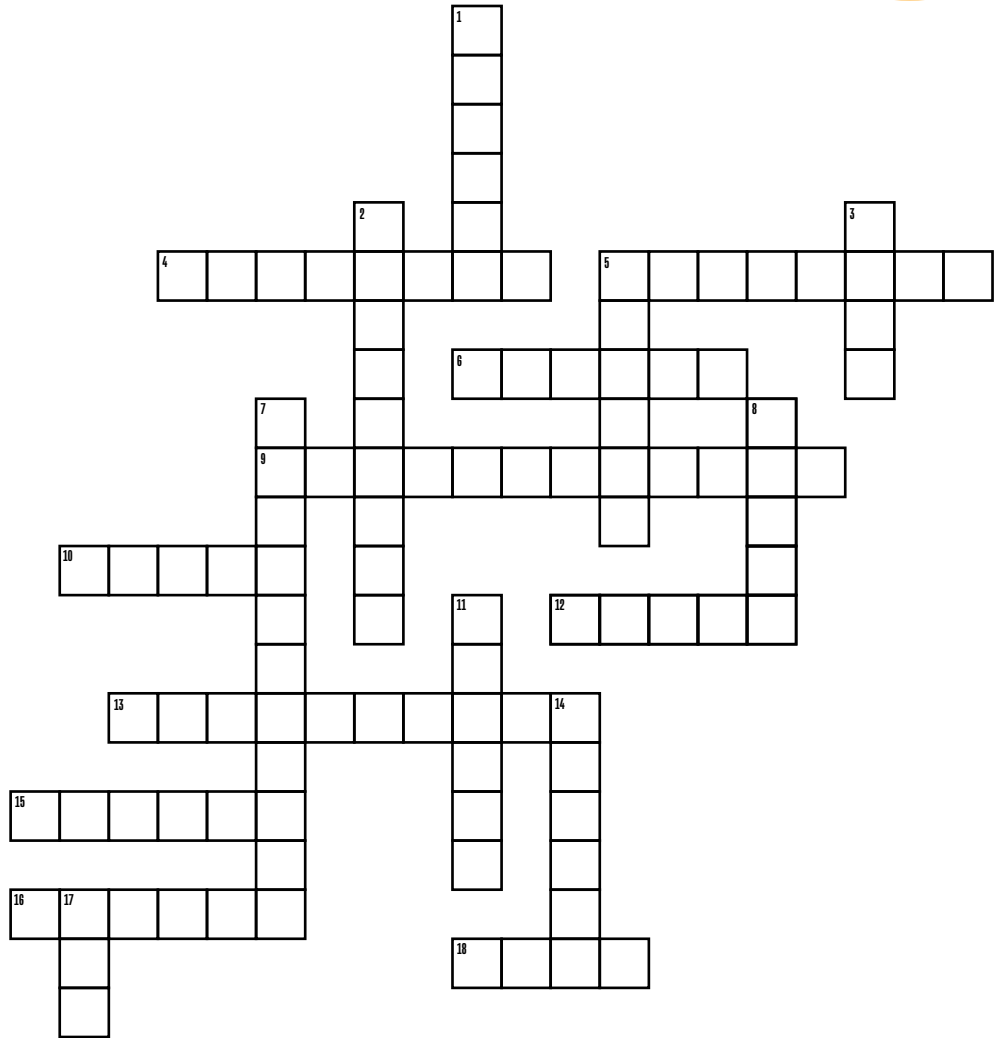
Enjoy a serving of fruits and vegetables in puzzle format

Across

4. This superfood is neither plant nor animal, and its DNA is more closely related to humans than most plants
5. The study of fruits
6. This disease is a result of a vitamin C deficiency due to a diet lacking fresh fruits and vegetables
9. The study of vegetable cultivation
10. Available in over 7,000 varieties around the globe, this fruit is a member of the rose family and stays afloat in water since it's 25% air
12. This highly acidic fruit can be used as a battery to power a light by attaching electrodes to it
13. The yellow dots on the outside of this red berry are commonly mistaken as seeds, but they're actually dried fruit with seeds in them
15. Botanically, this potassium-rich fruit is actually a berry that grows on an herb
16. Fruits and vegetables of this colour help to keep your eyes healthy
18. This green fruit, which shares its name with a bird species, has more vitamin C than an orange

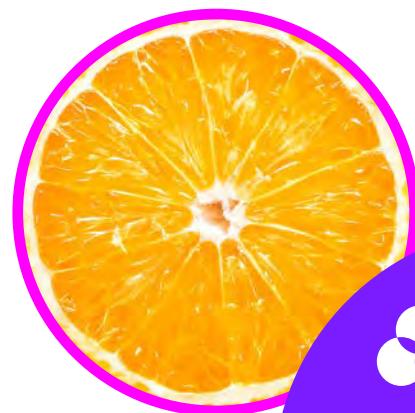
Down

1. In the late 1800s, the U.S. Supreme Court reclassified this fruit, a common pizza topping, as a vegetable for taxation purposes
2. This berry can bounce when it's ripe and makes a sauce that's often paired with turkey
3. A member of the grass family, a one-acre crop of this vegetable eliminates 8 tons of carbon dioxide from the air
5. Fruits and vegetables of this colour help to reduce inflammation
7. This fruit has hundreds of juicy seeds in red coverings called arils
8. Fruits and vegetables of this colour lower the risk of heart disease
11. This fruit is considered to be the world's smelliest
14. Fruits and vegetables of this colour help lower blood pressure
17. Fruits and vegetables of this colour help boost immune function





WARNING: ANSWERS AHEAD



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