

# ACTIVITY IDEAS

# AIR AND WATER

# IN THE ENVIRONMENT

## PROPERTIES OF SOLIDS AND LIQUIDS

### SUPPLEMENTARY RESOURCE FOR VIDEO 3: A PLAYFUL CLASSROOM ENVIRONMENT

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#### About this guide:

This document is a companion guide to the Ontario Science Centre's video series on [play-based learning](#), produced in partnership with the Ontario Ministry of Education.



**“Play is a vehicle for learning  
and lies at the core of  
innovation and creativity.”**

– Ontario Ministry of Education

# LEARNING OPPORTUNITY: ICE BALLOONS



## What it's about:

- Students experiment with frozen water balloons using a variety of materials.
- This activity was originally shared by Exploratorium. Please [visit this page](#) for more detailed instructions.

## Materials:

- A large bin filled with water, or individual bowls and a water bottle
- For each student/group:
  - ◊ Frozen balloons (see Exploratorium link, above, for details on filling and freezing)
  - ◊ Salt in shaker
  - ◊ Toothpicks and paper clips
  - ◊ Food colouring (can be diluted for younger students)
  - ◊ Trays (to contain mess)
  - ◊ Magnifying glass
  - ◊ Flashlight
  - ◊ Towel (to wipe hands)

## Try it outside:

- This experiment has potential for mess; bring materials outdoors on a mild day.
- If you are low on freezer space, freeze balloons outside over a couple of cold winter days.
- Use a small amount of salt and nontoxic pigments (e.g., tempera paint or food colouring) to paint on ice outside. The salt creates interesting melting patterns, but avoid using large quantities.

- Have older students freeze balloons to prepare for the experiment. On a cold winter day, have students work in groups outdoors to build shelters for their balloons. Does the design of the shelters influence how quickly the balloons freeze? Note: It will likely take at least one day for the balloons to fully freeze.

## Connections/Extensions:

- What happens if students sprinkle sugar on the balloon instead of salt?
- What happens if students try lifting an ice cube using some [string and a bit of salt](#)?
- Ask older students what happens if they measure the volume of water in the balloon (e.g., measure the diameter of the sphere, displacement of water, etc.) before and after freezing.
- Students may notice that it's easier to chip away at the ice with a paper clip, compared to a toothpick. For older students, this would be a good link to conductors and insulators.

## Observations from prototyping:

- We diluted the food colouring and had few issues with mess.
- Because of our own constraints, we provided all the materials at once. Passing them out one by one, as described in the Exploratorium instructions, would likely encourage more detailed observation.
- We distributed a small amount of salt, because students used all the salt in the shakers.

**See next page for sample instructions and prompts.**

**Optional: Print the instructions and place them in a T-stand.**



# ICE BALLOONS

## Experiment with frozen water balloons

### Safety notes:

- ✓ Never eat or drink your science experiments.
- ✓ The food colouring will stain. Use only one drop at a time.
- ✓ Make sure anything wet stays in the bowl.
- ✓ Tidy up your spot when you finish.

### Look closely at the ice:

- Use the flashlight and the magnifying glass.

### Things to notice and try:

- Look for air trapped in the ice. Where do you think it came from?
- Use the paper clip and toothpick to chip at the ice. Which tool works better?
- Carefully sprinkle salt on the ice. What happens?
- Carefully add one drop of food colouring to the ice.

# LEARNING OPPORTUNITY: SNOWFLAKES AND SYMMETRY



## What it's about:

- Students explore rotational symmetry with mirrors and simple building materials.

## Materials:

- Microscopic images of snowflakes
- Placemats to mark work area (optional)
- Interesting building materials, such as toothpicks, foam pieces, Styrofoam spheres and plastic "gems"
- Angled mirror sets (two acrylic mirrors joined on the outside with fibreglass tape)

**Note:** Use plastic mirrors, not glass ones, for lightness and durability. Two locker mirrors (with no border) taped together is a practical, inexpensive option if custom cut mirrors are not available.

## Try it outside:

- Have students catch snowflakes on a snowy day and photograph them to sketch later.
- As a class, look for examples of rotational vs. bilateral symmetry in nature.
- Make small versions of the hinged mirrors to take outside, or bring small single mirrors (compact or locker mirrors) outdoors to experiment with reflection and symmetry.

## Connections/Extensions:

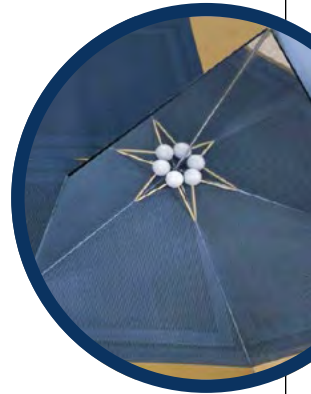
- Students can take photos of the interesting shapes they create.
- Students can cut snowflake shapes from paper (such as inexpensive coffee filters or higher-quality paper) and use the mirrors to change the snowflakes' appearances.
- Another option is to use different materials with the mirrors (beads, cut coloured paper, sequins) for a kaleidoscopic effect.
- Students can use MIRA tools to contrast rotational symmetry with bilateral symmetry.

## Observations from prototyping:

- This activity was easy to set up and take down.
- It can be hard for groups larger than two to share mirrors, because of the limited range of view.
- The mirrors work well with a variety of objects (hands, faces, loose parts, building materials, etc.).

**See next page for sample instructions and prompts.**

**Optional: Print the instructions and place them in a T-stand.**

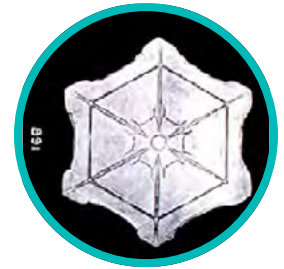


# SNOWFLAKES AND SYMMETRY



## Explore rotational symmetry

1. Use the mirrors to make one toothpick look like six!
  2. Use the materials and the mirrors to make something that reminds you of a snowflake.
  3. Can you count how many sides your snowflake has?
- Don't forget** to put everything away when you're done!



# LEARNING OPPORTUNITY: WATER BEADS



## What it's about:

- Students experiment with super-absorbent polymer beads.

## Materials:

- Plastic table covering
- For each student/group:
  - ◊ Polyacrylamide beads (we found ours in the floral section of Canadian Tire)
  - ◊ A large tray to keep water contained
  - ◊ Measuring spoons and a dropper
  - ◊ An ice cube tray (each slot can be an individual science experiment)
  - ◊ A tray to hold the beads and a small beaker for the clear beads (to avoid colour bleeding)

## Try it outside:

- This activity can get messy, so it would be great to take outdoors on a warm day.

## Connections/Extensions:

- Help students observe how the clear beads "disappear" in water. Because they are made mostly of water, light passes through them in a similar way.
- Compare how the beads appear in salty water vs. freshwater.
- For a fun twist on chemistry (pH) experiments, soak clear beads in red cabbage juice (made by soaking red cabbage leaves in boiling water, or by blending cabbage and water).
- Provide a labelled ice cube tray with different materials (vinegar, lemon slices, baking soda, soap, etc.) for students to experiment with.
- It's fun to watch the beads expand over time (it takes about a day). If possible, involve students in this process (and with making cabbage juice, if you choose to).

- Disposable diapers contain a similar absorbent polymer, for related or at-home experiments.
- Math opportunities include representing growing or shrinking patterns, partitioning whole numbers with concrete materials, creating a repeating pattern by combining two attributes, counting by 1's, 2's, 5's and 10's, etc.
- For younger participants, this activity offers good connections to colour mixing.

## Observations from prototyping:

- Students were fascinated by the texture of the beads and enjoyed mixing them with water.
- We tried the cabbage juice experiments with rotating stations, but it was hectic to replenish consumables. Consider trying it as a whole group activity, or empower older students to replenish consumables themselves.
- We created a "slosh bucket" for students to discard beads after chemistry experiments.
- Hydrate beads the day before you need them so that they have enough time to soak up water.
- The beads will take on a musty smell if you store them in a closed container. Consider storing them in the fridge if you need them for several days.

**See next page for sample instructions and prompts.**

**Optional: Print the instructions and place them in a T-stand.**



# WATER BEADS

## Observe how water beads behave

### Safety notes:

- ✓ Never eat or drink your science experiments.
- ✓ Keep all beads and water on the tray.
- ✓ Beads are slippery. If one falls on the floor, pick it up.
- ✓ Tidy up your spot when you finish so the next person can have fun too.

### Things to notice and try:

- Use the spoon to put beads into the ice cube tray.
- Use the magnifying glass to look closely at the beads.
- Can you make a clear bead disappear?
- Can you make a bead float?

### Math challenges:

- Try counting your beads by 1's, 2's, 5's and 10's.
- Use the ice cube tray to create a growing pattern of beads.

# LEARNING OPPORTUNITY: MAKE IT FLOAT



## What it's about:

- Students use materials to construct a structure that floats.
- Students place their structure in a big bin of water to test its ability to float. Then, they add glass beads until it reaches its breaking/sinking point.

## Materials:

- Large bin of water for testing
- For each student/group:
  - ◊ Building materials, such as foam spheres, corks, toothpicks, aluminum foil, cut pool noodles, etc.
  - ◊ A large bin filled with water
  - ◊ A container of glass beads, metal nuts or coins for testing the structure
  - ◊ A towel to clean up spills

## Try it outside:

- This can get messy. Bring the experiment outside on a warm day!
- If you are close to a lake or ocean, visit a marina and observe the structure of different boats.
- Visit a wetland and observe/investigate the structure of floating aquatic plants (e.g., duckweed, pond lilies, etc.).

## Connections/Extensions:

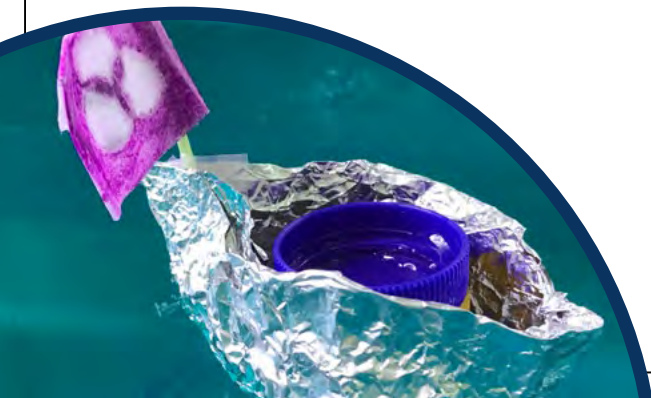
- Ask students to predict how many beads their structures will hold.
- Ask each group to report the number of beads their structures held (the greatest number of beads or the average number of beads over multiple trials) and graph the results.
- Record how many beads each structure supported. Work as a class to try for the largest possible number of beads (add everybody's together, so that everyone is contributing and it isn't a contest between individual students or groups).
- Older students could also record the ratio of number of parts to number of beads held.
- Look at connections to buoyant structures (boats, diving gear, swim bladders in fish, aquatic plants, etc.).

## Observations from prototyping:

- It would be interesting if students could photograph their results.
- Near the end of the activity, some students put all materials into the water bin (they did keep the water inside the bin, though).
- When we prototyped this with adults, we found that very large pieces of foil were easy to form into a boat shape, and the activity lacked challenge. Small pieces of foil encouraged creative solutions.

**See next page for sample instructions and prompts.**

**Optional: Print the instructions and place them in a T-stand.**





# MAKE IT FLOAT

**Use the materials to build something that floats**

## **Safety notes:**

- ✓ Make sure the water stays in the tub.
- ✓ Always work carefully with the water in the tub.
- ✓ Tidy up your spot when you finish so that the next person can have fun too.

## **Test your structure!**

How many objects will your structure hold?

Make a guess, and then try it out!