

March Break Day Camp Menu 2023 Compass Canada Meal Plan Form (optional)

The March Break Day Camp 2023 Meal Plan, provided by **Compass Group Canada**, is designed to provide parents with the comfort of knowing their child is receiving an excellent quality meal while also experiencing the many joys of the Ontario Science Centre. Please take note that Compass may not be able to accommodate special dietary needs and **cannot guarantee a nut/allergen free lunch**. *If your child has specific food allergies, it would be best to send a lunch from home*.

| Camper Informa Camper's Name: Confirmation #: Daytime Phone: Camp Week(s): | | Paren | nt's Email: nt's Name: Phone: | |
|--|-------------------------------|--|---|---|
| Meal Plan | | | | which days. Choose one of the listed entrée ck your camper a morning snack from |
| ☐ Monday | | | □ Tuesday | |
| □ Creamy Chicken Pasta Bake □ Creamy Vegetarian Pasta Bake Served with fresh veggies, whole fruit & mini muffin | | | □ Beef & Cheese Burrito□ Bean & Cheese BurritoServed with veg & dip, whole fruit & applesauce | |
| □ Add 250 ml Milk or Juice box \$1.60 □ White or □Chocolate □ Apple Juice □ Additional entrée \$3.25 | | | □ Add 250 ml Milk or Juice box \$1.60 □ White or □ Chocolate □ Apple Juice □ Additional entrée \$3.25 | |
| ☐ Wednesday | | ☐ Thursday | | □ Friday |
| □ Rotini Pasta with Turkey Meatballs & Tomato Sauce □ House-made Mac & Cheese Served with Cucumber slices, fresh whole fruit & mini cookies □ Add 250 ml Milk or Juice box \$1.60 □ White or □Chocolate □ Apple Juice □ Additional entrée \$3.25 | | □ Oven baked Chicken Fingers □ Oven Baked Veggie Nuggets Served with potato wedges, fresh whole fruit & yogurt cup □ Add 250 ml Milk or Juice box \$1.60 □ White or □Chocolate □ Apple Juice □ Additional entrée \$3.25 | | □ Pepperoni Pizza □ Cheese Pizza □ Veggie Pizza Served with baby carrots & dip, fresh whole fruit & brownie □ Add 250 ml Milk or Juice box \$1.60 □ White or □Chocolate □ Apple Juice □ Additional entrée \$3.25 |
| How to order All meal plan orders must be received more than three business days (3) prior to your child's Camp date. Completed order forms must be faxed to: 416-696-3185 or via regular mail to: Compass Group Canada 770 Don Mills Rd, Toronto, ON. M3C 1T3 Expect a response within 1-2 business days upon receipt of your order. N.B. Compass Group Canada CANNOT GUARANTEE A NUT/ALLERGEN FREE LUNCH. | | | | |
| made direct at 41 | made by credit card or cheque | Charges will appear a | as "RA-ONTSCIENCE C | uss Group Canada. Any inquiries should be CTR-20418" on your credit card statement. |
| I hereby authorize Compass Group Canada to charge my credit card for meals for the Ontario Science Centre March Break Day Camp 2023. | | | | |
| Credit Card Number | | | | |
| Cardholder Name | e: | | | |
| Expiry Date: | 1 | | | |